

Towards Independence Overview

|            | Autumn a  | Autumn b   | Spring a   | Spring b   | Summer a  | Summer b   |
|------------|---|--|--|--|---|--|
| Year 8     | Philosophy for Children (P4C)   | Thinking Skills  | P4C  | Healthy Living   | Behaviours for Life and Learning (B4LL)   | B4LL in action   |
| Activities | <p>Introduction to P4C<br/>A variety of stimuli used to prompt discussion to support development or oracy skills, social skills and sensory exploration.<br/>Students devise and apply 'rules for talking' with support.</p> <p>Children discuss 'Big Ideas' e.g.</p> | <p>Introduce the B4LL from the 'My Learning' strand</p> <p><b>(ready, can do, Know, next time, Thinking).</b></p> <p>Explore one each week with focused activities plus using our senses to learn – exploration of how each sense contributes to learning.</p> | <p>How does Autumn b impact on P4C?<br/>Using P4C sessions to develop oracy and work on skills for life allowing for additional progress and opportunities to revisit what we learnt in Autumn a. A variety of stimuli used to prompt discussion to support development or oracy skills.</p> | <p>Food<br/>Exercise<br/>Sleep<br/>Wellbeing – Mindfulness</p> <p>Students recap and develop their understanding of how what they do impacts on their learning.</p> <p>Students practice self-regulation strategies using mindfulness techniques</p> | <p>Explore B4LL from the year 8 ('Student of the week boards')</p> <p><b>Communication (2 sessions)<br/>Care, Thinking, New ideas, Brave Work together and finding out</b></p> <p>Explore one each week with focused activities</p> | <p>Use B4LL to complete a project e.g. research (finding out) and make (keep going, working together, can do) something for the summer coffee morning. Attend the event (communication, brave, etc.) and work on the stall to sell the item to parents students and staff. Appraise effectiveness and success of project. Celebrate success and review our learning for this year.</p> |
| Year 9     | P4C   | Learning Qualities   | P4C  | Healthy Living   | B4LL  | B4LL   |
| Activities | <p>Reintroduction to P4C<br/>Lessons are streamed into groups</p>   | <p>Recap year 8 work<br/>Focus 'Using our sense'</p> <p>Explore Learning Styles (VAKOG) – look at each learning</p>  | <p>How does Autumn b impact on P4C?<br/>Lessons are streamed into groups</p>   | <p>Food<br/>Exercise<br/>Sleep<br/>Wellbeing – Mindfulness and mental health</p>   | <p>As yr 8 plus the new B\$LL for year 9 (see Student of the week boards)</p> <p><b>Recap this years new B4LL</b></p>   | <p>Use B4LL to complete a project e.g. devise an activity to deliver to other students, sports event, sensory story activity, party, etc. The activity will</p>  |

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|  | <p>(DOE) – Violet – sensory stories<br/>                 Yellow – recall and retell<br/>                 Red – Discussion and debate</p> <p>Students consolidate and extend their oracy skills.</p> | <p>style and identify what mix of styles each student might be using</p> <p>Lessons streamed.</p> <p>Students also explore body language.</p> | <p>(DOE) – Violet – sensory stories<br/>                 Yellow – recall and retell<br/>                 Red – Discussion and debate</p> <p>Students consolidate and extend their oracy skills</p> | <p>Students recap and develop their understanding of how what they do impacts on their learning.</p> <p>Students develop self-regulation strategies which they can use to support their mental health and learn about where else they can go for help. E.g., learning about exercise and mental health. E.g. practice strategies for resilience.</p> | <p><b>Plan</b><br/> <b>Thinking of Others</b><br/> <b>Successful</b></p> <p>Explore one each week with focused activities based on body language. Using social stories and role play to practice communication skills and develop asking for help and making our wishes known.</p> | <p>depend on the abilities of the students and their own interests and ideas. (identify which B4LL have been used: communication, brave, etc.) and work on the stall to sell the item to parents students and staff. Appraise effectiveness and success of project. Celebrate success and review our learning for this year.</p> |
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