



## Football Coaching with NUFC

For the past six weeks, 12 students in Year 9 at Sir Charles Parsons school have been lucky enough to take part in football training sessions with Sam

Little from The Newcastle United Foundation. The sessions, which take place on a Tuesday, last the whole afternoon, giving the students two hours of exercise and skills training.

The group of students is made up of both girls and boys with different levels of football skills. Despite this, the students have all enjoyed the challenges they have been faced with. The sessions always start off with some general team games to allow students to practise their communication skills with each other, as this is very important when playing a proper game of football. Sam then teaches the students specific football skills such as dribbling the ball, passing and shooting. Towards the end of the session the students then get the chance to use these skills in a 5-a-side type match.

At the beginning of the sessions some students found the new skills particularly challenging. However Sam has really got to know our students which has helped him to provide the best advice and support to them so that by the final sessions all of the students feel that they have succeeded. Some students have enjoyed the sessions so much that they have even asked Sam about sessions that they could go to outside of school. We look forward to being able to welcome Sam or his colleagues back again for more football fun.



Andrew impressing Sam with his ball control!

The Alderman George Douglas Annual Award for Progress and Achievement in Sport

Was this year awarded to Katie Rowe-Sloan for always giving 100% and working very hard in all sports activities.

# Euro 2020 - What we thought ...

8W have enjoyed the Euros and learning about the different countries taking part.

We watched Newsround yesterday morning and were very concerned about the news that England footballers were being racially bullied online. We wrote some letters to send to the Football Association and ask that they be passed on to the team. Everyone worked very hard on their letters, thinking about what they wanted to say and we hope the letters will help to make the team feel a bit better.



Dear English Football Players, You did absolutely fantastic in the Emma. from 8W final. We heard about the racist comments wrote.. and I think it's absolutely disgusting! We are so proud of you in the cup. We send love. Emma Louise Age 13 years

# Football Clubs

Sam Little and other NUFC coaches also host football clubs across the city for young people with specific disabilities. Some of our students have already joined! If you want to find out more about any of these clubs please contact reggie.doran@nufc.co.uk Blaydon Youth Centre Tuesdays: 6-7pm Junior Down's Syndrome Active 7-8pm Senior Down's Syndrome Active Wednesdays: 5.30 - 6.30pm VI Active 6.30 - 7.30pm Cerebral Palsy Active Percy Hedley School Sports Academy Thursdays: 5 - 6.30pm Power Chair Football Walker Riverside Academy

Saturday: 10 - 11am Walking Frame Football

P.S. Good Luck





On 16<sup>th</sup> July, Year 7 had a Pirate Day. We chose the theme pirate because we have been learnina Treasure about Island by Robert Louis Stevenson, in English. The story is about a boy called Jim Hawkin's finds a who treasure map in a treasure chest. Jim goes looking for the treasure and so do some bad pirates! On Pirate Day, we did lots of activities, like grog

Treasure Hunt Time

# making with fruit



different and types of juice, pirate jelly cups, designing pirate biscuits, pirate activities sensory doing and n hunt treasure around the school playground. Kenzie was very good at reading the clues and even tried a pirate voice! For lunch, we had a picnic all together on the grass. We carried our food in a picnic box we made in art.

After lunch we watched a pirate film with popcorn, and had the grog and biscuits that we made. It was a really fun day. "My favourite part of the day was the

Captain Kenzie the Pirate

treasure hunt, we found chocolate coins at the end of the path." said Josh. Callum said "I enjoyed eating my picnic at lunchtime, and having biscuits and popcorn while we watched the film!" - Josh and Callum, 7D

## Art in the Community

In June, 12 students from SCP@WRA completed an 'Art in the Community' project in Walker community over the space of one week, in collaboration with Your Homes Newcastle. Students have been learning about the Northeast and famous landmarks, and were given a unique opportunity to showcase their work on the boards of a housing complex based around the corner from the school (Eastbourne Gardens).



This was an opportunity for our students to get some 'hands' on work experience', and it also helps to raise the profile of Sir Charles Parsons School within our local community. The students involved in the project said, 'We were asked to create an art project in Walker, we decided to do a huge mural of all the different landscapes in Newcastle. We started by researching our favourite landmarks and planning how our artwork was going to look using the computer. We then spent three days making it, we used paint and stencils to make it come to life.

'We really enjoyed getting out of the classroom and experiencing what it's like to work as a team. We all felt really proud and happy that we got to represent the school and we were so impressed with how the final piece turned out.



The finished mural can be seen on hoardings surrounding YHN Eastbourne Gardens building site

Sir Charles Parsons School



The Friends of Sir Charles Parsons School was delighted to finally take delivery of our 'VeloPlus Bike' at the beginning of the year. This cycle is designed for transporting young people, who can remain seated in their own wheelchair. With this addition, our fleet of bikes and trikes now gives EVERY single student in our school the opportunity to take part in this fully inclusive, fun activity!





75 making good use of our bikes and trikes. Hamza & Mr Swann try out the new VeloPlus

Brandon, 75 said "I love the new bike. It has a motor so it can go fast even if the person peddling wants a rest. It's like a motorbike! It can even go even backwards as well.' The bike is used on a daily basis by 21 of our students, and feedback from pastoral teams and UThe Encoder the students themselves has been very positive.

Live Music Now kindly donated £500 to the Friends of... in order to purchase a loop station. If you've ever been to an Ed Sheeran concert or listened to indie fave Andrew Bird, you've



Emma and Dion from 8W get creative!

likely heard a loop station in play. A portable device used in both studios and live sets, a loop station lets you quickly record a section of your playing or singing in real-time and then play it back on repeat. In school, this equipment allows all of our students to participate in creating their own music. Students will be able to learn how to use the software to add reverb, change tempo and pitch and create layers of sound sampling the vocalisations or instrumental sounds made by others to build their own compositions.



Anyone?? Students and staff in 7G got crafty and made some wooden sliced fruit themed coasters for the Virtual Summer Fair.

Other fundraising has continued throughout the year. Our regular 'Rag Bag' recycling has raised £115.20 so far so please keep those bags of unwanted textiles coming in! The Easter raffle raised £890.

Class 6M decided to hold a 'sponsored walk/push/ cycle and run' over the spring term. Students completed a mile each week around the school grounds and collectively raised £180 in sponsorship. Most recently our students and staff have been working hard again creating gifts and sweet treats to sell in our 'Virtual Summer Fair'. This event, along with the Summer Raffle has been really successful with the grand total reaching just over £1150! Friends of Sir Charles Parsons School would like to give a huge thank you everybody for the continued support to our charity over the last two terms. Don't forget to like and follow 'The Friends of Sir Charles Parsons' page on Facebook to find out all of our current news.

#### This term we have **GREGGS** had some very exciting news with regards to being FOUNDATION able to provide a breakfast club for

'The Friends of ...' has been lucky enough to have been supported by 'The Greggs Foundation' previously, receiving funding towards summer clubs in 2019. Thanks to the links we made with Lynne Hindmarch, who is the breakfast club manager for the foundation, we have been supported over the last two years to apply for sponsorship to run a healthy breakfast club.

It has been a long wait for a sponsor to come forward as there is a lot of demand for places and many of the business sponsors prefer to support primary schools. But we found out two weeks ago that we have been selected by 'Space Group' who are based in Benton, North Tyneside. The company have agreed to sponsor us to run the club for two years which means that we will be able to provide healthy breakfast options such as bread, milk, yoghurts, fruit and cereal to our young people during their pastoral times in the morning. As well as this, Space Group and Rob who we met with, are very keen to get to know us as a school and will be coming to meet everyone in the new term to find out what we're 'up to' and whether they can support any of school's ongoing or new projects. Whilst it has taken a while to get to this point, we are thrilled as we feel Rob and Space Group are a great match for us, and we feel this will be the start of a positive working relationship.

# The Lion Sleeps Tonight zzzzz Hello Sharon!



On Wednesday, June 30th our class took part in 'National Sing Up Day.' Every class had to choose a song to sing and sign along to. Some classes even played instruments as well. We went through some choices, some people wanted to have 'Let it go' but we all finally voted on 'Lion Sleeps Tonight.' We all watched a 'signing hands' video on YouTube to learn the

signs to go along with the song. We had to practice loads, maybe five or ten times!

We made some lion masks and a cardboard fire with flames. Nick filmed us so everybody in school could see us and we got to see all of the other classes performing their song. Today we got some good news, 7GI won!! We went around to the music room to claim our prize and have a photo taken with Mrs Walker, our music teacher. We were very happy to win a bubble machine, bubbles and a gift card for ASDA to buy a musical movie for the class. We are going to choose a musical movie for the class. We chose 'The Lion King' because it has our winning song on! - Damien & Evie, 7GI



Winning Class 7GI!

Friends of Sir Charles Parsons School Summer Raffle Drawn Thursday 22nd July Lay-Z-Spa St.Lucia 3 person Hot Tub - Gary (SCPS staff) 2914 £50 cash - Gemma (Paul sixth form WRS) 2293 Asda George Slow Cooker - Robert L (Brandon 75) 2715 Luxury Pamper Hamper - Mandy (Andrew 10P) 2697 Wine - Lynne (Mason 9G) 0555 Wine - (Emma S 8W) 0770 'Millions' sweet dispense - Chancel (Peniel 7H)

Thank you everybody for your support!

In January, following the retirement of Ann Taylor, Sharon Palmer took over as our new Business Manager, Kai from 7D, and Joe from 7H interviewed Sharon and asked some nosey questions ...

Joe: Are you married? Yes

Kai: Who is your favourite football team? Newcastle United

Joe: What do you like to do in the school holidays? I like to go on holiday, go out to eat and take the dog for walks

Kai: What's your favourite ice-cream? Caramel

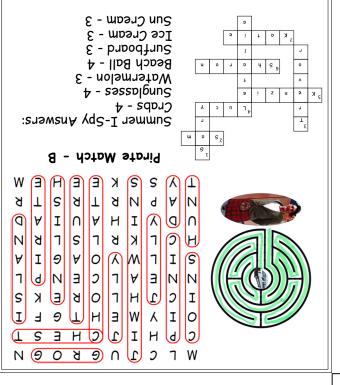
Joe: What's your favourite childhood memory? Going to Butlins

Kai: Have you ever worked in a restaurant? No

Joe: Where did you used to work? I used to work at a school called Thomas Bewick School

Kai: What do you like about our school? The staff and students





# 7H trip to the Baltic

In our art lessons we have been looking at different artists. Some of the artists we looked at were Monet, Surat and Van Gogh. We even tried to copy their art in our lessons! All of them were really different.

One morning our class went on the bus to the Baltic to see the art in real life. There were lots of statues which were very tall. They were even taller than all of us! My favourite art was the room that looked like it was from Charlie and the Chocolate factory, we had to be careful and not touch anything.

When we finished we visited the gift shop. I really want to go back and see more art - Freddie, 7H

The Baltic was my favourite part of our art lessons. I really loved all the paintings on the wall. They were brilliant and had lots of colours which were my favourite ones. I had to have a close look with and without my glasses. Some of the art looked like the ones we had made in the class. There were four floors of art. When we had finished we got some juice and practised drawing the river and bridges we could see. Everyone had a brilliant day at the Baltic - Joe, 7H









# Bye Bye Trev!

At the end of term one of our most long standing members of staff will be retiring. Staff and students past and present are all sad to see Trevor N Tyson leave, but wish him the very best of luck! His old class 11g (who are now in sixth form) interviewed him.

Paul: Football first...How long have you lived in Newcastle and do you like Newcastle United more than Leeds United now? I moved Newcastle in 1977, came for 6 months and never went back! Hmm, I like them both equally.

Robbie: How long have you worked here? Well, I worked at Walker Dene school before it became Sir Charles Parsons so all together 32 years.

Tracey-Ann: What will you be doing when you retire? I will be relaxing, enjoying myself, swimming in the sea, popping to Leeds more often to see my family and watching more Leeds United games.

Ryan and Ismail: What's your best "Oh No!" moment? I once lost some students on a trip to Eldon Square... I'm still looking for them!

Demi: So, from all of them years ago, can you remember the first class you worked with? When I first came I moved around a bit but my first base was in sixth form with Miss Loraine.

Jess: Can you tell us about one or two of your favourite memories from all of the time you worked at our school? Too many to mention, trips away with our students, Samba Drumming Club, doing the MIDAS minibus training - teaching teachers how not to crash the bus!

Brandon: Have you ever told any tall stories to staff or students?? Be honest Trevor! Every day of my school life... there was the horse that lived in my flat and a pet spider who lived on my ceiling. I came from a circus family...my mam was the bearded lady and my dad was the human cannonball, when I was very little I was training to be a lion tamer, I started off on Guinea pigs and worked my way up! I was so busy I sometimes I would have my breakfast before I went to bed to save time in the morning!

Rebecca: Will you miss us and will you come back and see us? I will miss all of the students I have known over the years and I will visit any opportunity I get, so invite me back!!!



So long Trev, you will be such a miss!

# Forest School

Forest Schools allow regular access to woodland and outdoor spaces, through the changing seasons. Young people are supported by qualified leaders to try new skills such as fire lighting, den building and camp cooking. A person-centered approach is taken which allows the children to lead their own learning, follow their interests and explore nature at their own pace. Covid-19 has brought many challenges for families over the past 18 months, especially during lockdowns. Forest School has been a much needed chance to spend time with friends, reconnect with green spaces and allow lots of opportunities for fun and play. Since January, a group of six Year 9 girls have been attending Forest School every Tuesday. They have persevered through the biting cold, torrential downpours and red hot summer days. They have had the chance to try new activities like, wood carving, making pancakes over the fire and making woodland tiaras.





Jennifer enjoyed the tree swing

Lucy made a pea shooter from Elder for her friend



"I like Forest School because I get time outdoors away from everyone. I can choose time on my own if I want"-Lesley Ann

When asked what her favorite things are, Lucy said - "Making hot chocolate and marshmallows on the fire. Playing on the rope swing and making things for my friend Rene."

"At first I didn't want to go but now I love it because I get do all the things I like. I like it more when it's sunny but the rain and cold don't change my mood" - Vitoria

Letter from the Head



What a lot has happened since our last newsletter!

It has been a very strange year for everyone and has had an enormous impact on every aspect of our lives both at home and at school. We have learned many new skills such as how to use technology to have remote meetings and remote lessons. Classes have spent more time together in their pastoral base with lots of time to get to know each other and take part in more social activities than would usually be possible. The weekly calls during lockdown and partial opening have helped strengthen the relationships between pastoral teams and families.

While this is great and pastoral teams have really enjoyed the chance to get to know their students and their families even better, we have all missed seeing each other around school, teaching different classes, working with different staff and students and watching the students developing independence and confidence in different situations.

Students have also missed accessing specialist teaching areas, working with specialist staff and seeing their friends from different year groups.

We really hope in September that we will be able to start doing all these things again. In the autumn term we hope to gradually return to a more normal school routine. We will provide more information about this when we share with you our plans for the SCP 'recovery curriculum'.

I'm sure it will come as no surprise to anyone if I say that this year has been the hardest in my teaching career, but, it has also been one of the most uplifting. Uplifting to see our school community working together despite the difficulties of social distancing, remote learning, ever changing rules and guidance. Many of us have had to deal with enormous personal sadness and tragedy and many have felt incredibly isolated at times, but this has been countered by the acts of kindness and support, big and small, shared by staff, families and students.

As always, it has been wonderful to be part of a team working together to do the best we possibly can for the young people of SCP.

Thank you to the staff for their hard work and dedication this year, the parents and carers for your support and understanding, and, of course, thank you to the students just for being themselves and making us smile!

Take care and have a lovely summer,

Karen Hamilton

Headteacher

# Sixth Form Cafe

On Thursday mornings one 'Lifeskills' group have been learning about the skills they would need to run our own café. This term they decided to concentrate on all of the elements needed to create one dish that we will eventually serve to customers... A Cooked Breakfast! The students have perfected their individual roles within the team in small steps with less and less support from staff required over the weeks. This has culminated in a 'seamless' operation where everybody knows what needs to happen and when during the morning with staff having minimal or no input at all. Some students have opted to move to more challenging roles within the team whilst some have offered to support others to learn about their own role. We asked some of the students to report on three areas: What is your role in the team? What skills have you learned? What are you most proud of?

"My job is to cook the hash browns, veggie sausages and beans. First I turn on the cooker to heat up. While it's heating I get the equipment ready, trays for the hash browns and veggie sausages, a pan for the beans and a wooden spoon. I have learned how to open the beans, heat them on the hob and safely use the oven. I'm proud of how far I've come and do my job without any help. I have even been able to show Sam how he can help me." - Josh

Sam how he can help me." - Josh "My job is to make scrambled eggs with Robbie. For this we need a bowl, a cup and a whisk. I crack the eggs one at a time into a cup in case any shell goes in then I put the egg in the bowl. When all the eggs are in I add salt and pepper and half a cup of milk then whisk the eggs. Next we put the eggs in the microwave for one minute at a time and keep giving them a quick whisk. I have learned to do most of these things without help and I remember

everything I need. The only bit I still need a little bit of help with is the microwave. It makes me feel proud that everybody likes them now when we tuck in at the end." - Emma

"My job was to chop the mushrooms ready for the breakfast but now I cook all the sausages in the electric pan. You have to be careful because it gets really hot and you



could easily burn your arm. At first I needed lots of help from Janette because I was worried about the sausages in case they splashed oil at me but now I know it is safe if we use only a tiny bit of spray oil and stand back. The mushroom chopping was easier than the sausages but I've learned how to do them now so I'm proud of myself. I might swap with Haris next to cook the mushrooms." - Letalia

"I'm in charge of the buns and toast. I need a sharp knife, a butter knife and the toaster. I have learned how to use the sharp knife safely to cut the buns. I don't need any help at all!" - Thomas

# E-safety

Nichola Bone from Northumbria Police's Prevention Through Education Team came along to our school on Tuesday 29<sup>th</sup> June to deliver a session on the risks and consequences associated with the sharing of inappropriate images via text message and social media. The session covered:

- what is an inappropriate image
- why young people send inappropriate images
- consequences
- the law
- where to find help and support when images have been shared

Police are seeing an increase in self-generated indecent images from children which has been made worse by lockdowns. The purpose of the presentation was to equip our students with the knowledge and skills to protect themselves on the internet, and to give them an understanding of exploitation.

We asked Shah from 10A what he thought about the session and if he had learned anything?

#### Who came to talk to you?

A police officer came to talk to us. She used to be on patrol walking around, then she had a bike and she worked mainly in the West End of Newcastle. Now she visits lots of schools to talk to young people about being safe.

#### What was the presentation about?

The lady talked to us about being safe online. She talked about what we do online and especially about sharing pictures. We talked about which apps we use, especially if we are video chatting with our friends or sending pictures. Some students don't use mobile phones much at the minute, but some students use lots of different apps like WhatsApp and Instagram. Some students even use YouTube to share videos.

#### Did the police officer tell you not to use apps?

No. She told us how to be safe using them and to think about the pictures or videos that we send. We talked about peer pressure and about how sometimes that might get you into awkward situations. We watched a video about a boy and girl who were in a relationship so had sent private pictures to each other. Another person got the phone and the pictures were shared all over. The lady told us that we can take back our consent at any time, but if you send pictures then people might be able to see them very quickly afterwards if the wrong person gets them.

### What does consent mean?

It means that you have agreed to do something. But the police officer was explaining that sometimes you might feel like you're giving consent but actually the other person is pressuring you in to do something. In these cases the other person would still get in trouble from the police because they shouldn't be saying things like 'if you loved me you would send pictures'.

### Did you find the presentation useful?

Yes I learned more information about being safe online, even about not sending pictures of certain body parts to your doctors, they should never ask you to do this. It also reminded me to tell an adult if I feel pressured into doing something. And also to think about how someone else might feel because I might think something is a joke or a bit of fun but they might be feeling pressured.

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<ol> <li>He won the hot tub in the Summer Raffle?</li> <li>He's retiring?</li> <li>She cooks a mean sausage?</li> </ol>									3	
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<ol> <li>Our NUFC coach?</li> <li>She likes making things for her friends at Forest School?</li> <li>He dressed up as a Pirate?</li> <li>Our new Business Manager?</li> <li>She won the George Douglass Sports Award?</li> </ol>										
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