

PE: KS3 Curriculum overview	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 7	PE Basic Skills	Swimming Basic movement Skills	PE Gymnastics/ Dance	Swimming Developing swimming skills	PE Bikes and Trikes	Swimming Stroke development
Year 8	PE Invasion Games (Football)	Swimming Stroke development (Front Crawl)	PE Rebound	Swimming Stroke development (Backstroke)	PE Bats and Racquets (Rounders)	Swimming Stroke development (Breaststroke)
Year 9	PE Invasion Games (Basketball)	Swimming Stroke development (Front Crawl)	PE Bats and Racquets (Tennis)	Swimming Stroke development (Backstroke)	PE Athletics	Swimming Stroke development (Breaststroke)

PE: KS4/5 Curriculum overview	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 10	PE Outdoor Adventurous activities Swimming Competency (Unit 1)	PE Tag Rugby Swimming Competency (Unit 1)	PE Circuit Training Swimming Aqua Aerobics	PE Paralympic Sports Swimming Aqua Aerobics	PE Bike and Trikes Swimming Personal Survival (Unit 1)	PE Rounders Swimming Personal Survival (Unit 1)
Year 11	PE Outdoor Adventurous activities Swimming Life Saving (Unit 1)	PE Hockey Swimming Life Saving (Unit 1)	PE Badminton Swimming Competitive Swimming	PE Cricket Swimming Competitive Swimming	PE Athletics Swimming Personal Survival (Unit 2)	PE Disc Golf Swimming Personal Survival (Unit 2)

PE: KS4/5 Curriculum overview	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
6 th Form Year 1	PE Accessing community Leisure	Swimming Aqua Fit	Dance	Swimming Developing technique	Tennis	Swimming Increasing Stamina
6 th Form Year 2	PE Accessing community Leisure	Swimming Aqua Fit	Rebound	Swimming Personal Survival	Athletics	Swimming Competitive Swimming
6 th Form Year 3	PE Accessing community Leisure	Swimming Aqua Fit	Team Games	Swimming Life Saving	Bikes and Trikes	Swimming for fun
WRA1	Team Games	Swimming Aqua Fit	Dance	Swimming Competitive Swimming	Boxing	Swimming Personal Survival