

PE/SW: KS3 Curriculum overview		Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Yr 7	PE	Basic Skills		Gymnastics/Dance		Bikes and Trikes	
	SW	Basic movement Skills		Developing swimming skills		Stroke development	
Yr 8	PE	Invasion Games (Football)		Rebound		Bats and Racquets (Rounders)	
	SW	Stroke development (Front Crawl)		Stroke development (Backstroke)		Stroke development (Breaststroke)	
Yr 9	PE	Invasion Games (Basketball)		Bats and Racquets (Tennis)		Athletics	
	SW	Stroke development (Front Crawl)		Stroke development (Backstroke)		Stroke development (Breaststroke)	

PE: KS4/5 Curriculum overview	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 10	PE Outdoor Adventurous activities  Swimming Competency (Unit 1)	PE Tag Rugby  Swimming Competency (Unit 1)	PE Circuit Training  Swimming Aqua Aerobics	PE Paralympic Sports  Swimming Aqua Aerobics	PE Bike and Trikes  Swimming Personal Survival (Unit 1)	PE Rounders  Swimming Personal Survival (Unit 1)
Year 11	PE Outdoor Adventurous activities  Swimming Life Saving (Unit 1)	PE Hockey  Swimming Life Saving (Unit 1)	PE Badminton  Swimming Competitive Swimming	PE Cricket  Swimming Competitive Swimming	PE Athletics  Swimming Personal Survival (Unit 2)	PE Disc Golf  Swimming Personal Survival (Unit 2)

PE: KS4/5 Curriculum overview	Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
6 <sup>th</sup> Form Year 1	PE Accessing community Leisure	Swimming Aqua Fit	Dance	Swimming Developing technique	Tennis	Swimming Increasing Stamina
6 <sup>th</sup> Form Year 2	PE Accessing community Leisure	Swimming Aqua Fit	Rebound	Swimming Personal Survival	Athletics	Swimming Competitive Swimming
6 <sup>th</sup> Form Year 3	PE Accessing community Leisure	Swimming Aqua Fit	Team Games	Swimming Life Saving	Bikes and Trikes	Swimming for fun
WRA1	Team Games	Swimming Aqua Fit	Dance	Swimming Competitive Swimming	Boxing	Swimming Personal Survival